



## Packing a Go Bag

Print this page and go shopping.

A Go Bag is where you pack essential items you will be bringing with you when you evacuate. There are lots of options on-line for ordering already packed Go-Bags. Or you can get an extra-large duffle bag and pack it yourself using the list below. What is inside will be food, water and other essential supplies for getting you through the first 72 hours of a disaster. The quantities of items will depend on their purpose and number of people in your household.

### First Aid

Having a well-stocked first aid kit will provide you with the essentials should someone get sick or have a minor injury.

- First Aid Kit with More Than Just the Basics

### Food and Water

You should have enough food for 3 days for everyone in your household. You can order survival food and water on-line or purchase them at a camping store.

- 4oz. Water Pouches (12 per person)
- 400 Calorie Food Bar's (12 per person)
- Water Purification Tablet's

### Hygiene and Sanitation

Having the essential hygiene items will keep you comfortable during the first 3 days of a disaster.

- Bug Repellant
- Chapstick
- Comb and/or Hairbrush
- Eye Drops
- Hand Lotion
- Hand Sanitizer
- Hygiene Kit (including shampoo/conditioner, shaving cream, razor, sanitary napkins)
- Kleenex
- Moist Towelettes
- Q-Tips
- Protective Face Masks
- Soap

- Sunscreen
- Toilet Paper
- Toothbrush and Toothpaste

### Light and Communication

Being able to see at night and have a way to signal for help is important. A radio will also help to keep you updated on the disaster.

- Survival Flashlight
- 3-in-1 Radio/Flashlight/Charger
- 12 Hour Emergency Bright Stick
- Survival Whistle

### Shelter and Warmth

Protecting yourself from the cold and rain will keep you more comfortable

- Emergency Blankets
- Emergency Body Warmers
- Emergency Ponchos with Hood
- Emergency Tube Tent with Rope
- Tarp (8" x 10")

### Survival Tools

These items are designed to be used if you have no access to supplies.

- Can Opener
- Collapsible Shovel
- Disposable Gloves
- Duct Tape
- 11-in-1 Pocket Card Multitool
- Garbage Bags
- Matches
- Pad of Paper and Pen
- Pocket Knife
- Protective Face Masks
- Rope
- Safety Goggles
- Solar Charger to Keep Cell Phone Charged
- Work Gloves (Heavy Duty)
- Zip Ties

### Last Minute Items to Add

- Cell Phone/Charger
- Important papers
- Dentures
- Laptop/Tablet and Chargers
- Glasses
- Health Aids
- Hearing Aid
- Medication (People and Animals)
- Money
- Wallet/Purse (Credit/Debit Cards)